



<http://www.ezyes-takeout.com>

# Mellow Mushroom

## MUNCHIES

**Experiencing a sudden strong desire for food? Enjoy Mellow Munchies as starters, meals, or something in between.**

- Avocado Smash** \$13.00  
*Made to order with freshly mashed avocado and diced roma tomato bruschetta with feta cheese and basil, served with toast points.*
- 5 Oven Roasted Wings** \$8.45  
*Double-baked for a crispy and flavorful wing without the use of a fryer or added oils. Hand-tossed in your choice of sauce: hot, mild, BBQ, jerk, Sweet Thai chili, teriyaki, or naked. Served with celery, carrots and your choice of ranch of bleu cheese dressing.*
- 10 Oven Roasted Wings** \$15.60  
*Double-baked for a crispy and flavorful wing without the use of a fryer or added oils. Hand-tossed in your choice of sauce: hot, mild, BBQ, jerk, Sweet Thai chili, teriyaki, or naked. Served with celery, carrots and your choice of ranch of bleu cheese dressing.*
- 20 Oven Roasted Wings** \$26.00  
*Double-baked for a crispy and flavorful wing without the use of a fryer or added oils. Hand-tossed in your choice of sauce: hot, mild, BBQ, jerk, Sweet Thai chili, teriyaki, or naked. Served with celery, carrots and your choice of ranch of bleu cheese dressing.*
- Pretzel Bites** \$10.40  
*Made with our classic dough and tossed in garlic butter and Parmesan. Served with Pabst Blue Ribbon beer cheese.*
- Garlic Cheese Bread** \$6.50  
*French bread smothered in garlic butter, melted mozzarella and sprinkled with Italian seasoning. Served with a side of Mellow red sauce.*
- Pesto Garlic Cheese Bread** \$6.90  
*French bread smothered in garlic butter, melted mozzarella and sprinkled with Italian seasoning. Served with a side of Mellow red sauce.*
- Pepperoni Garlic Cheese Bread** \$6.90  
*French bread smothered in garlic butter, melted mozzarella and sprinkled with Italian seasoning. Served with a side of Mellow red sauce.*
- Pretzels (Half Order)** \$6.35  
*Made with our classic dough, served coated in garlic butter, Parmesan and a side of Mellow red sauce or coated with garlic butter, kosher salt and served with traditional yellow mustard.*
- Pretzels (Whole Order)** \$10.70  
*Made with our classic dough, served coated in garlic butter, Parmesan and a side of Mellow red*

## CALZONES

**Basted in garlic butter, sprinkled with parmesan, and served with a side of Mellow red sauce.**

- Cheese Calzone** \$11.70  
*Handcrafted and baked to order with mozzarella, provolone, seasoned ricotta and basted with garlic butter, sprinkled with Parmesan and served with a side of Mellow red sauce.*
- The Sausagefest Calzone** \$16.25  
*Meatball, sausage, salami, mozzarella, provolone and seasoned ricotta.*
- Veggie Calzone** \$14.30  
*Spinach, mushrooms, Roma tomatoes, seasoned ricotta, mozzarella, and provolone.*
- Steak Calzone** \$16.25  
*Handcrafted and baked to order grilled shaved all-natural ribeye steak with mushrooms, sweet onions, green peppers, mozzarella, provolone, seasoned ricotta, sprinkled with Parmesan and served with a side of Mellow red sauce.*

## STONED BAKED PIZZAS

**Experience a higher order of pizza.**

**Choose from our selection of stone-baked pizza pies. Always hand-crafted for you**

### Wild in Havana

*This pie will take you for a ride. This Cuban inspired pizza comes with jerk marinated pork, ham, salami, Swiss and mozzarella cheeses, diced pickles, and an irresistible mayo-mustard drizzle.*

- Small Wild in Havana \$16.90
- Medium Wild in Havana \$28.60
- Large Wild in Havana \$35.10

### Backyard BBQ

*Fire up the appetite. This pie is filled with mozzarella cheese, roasted pork tossed in house-made BBQ sauce, roasted mild poblano peppers and topped with chives and sweet Peppadew peppers. It's finished with garlic butter and Parmesan cheese.*

- Small Backyard BBQ \$16.90
- Medium Backyard BBQ \$28.60
- Large Backyard BBQ \$35.10

### Kosmic Karma

*Filled with goodness, this pie starts with Mellow red sauce covered with spinach, roasted tomatoes, mozzarella, fresh Roma tomatoes and crumbled feta cheese. A hypnotic pesto swirl adds the finishing touch.*

- Small Kosmic Karma \$16.25
- Medium Kosmic Karma \$26.00
- Large Kosmic Karma \$32.75

### House Special

page 1

## BURGERS

**An American classic sourced and grilled the Mellow way. Featuring all-natural, 100% Angus Beef from the family-owned and operated Harris Ranch.**

- Ritz Burger** \$13.00  
*All-natural 1/2 pound angus beef patty from the family-owned Harris Ranch. Topped with melted swiss, caramelized onions, garlic aioli, romaine lettuce, Roma tomatoes and pickles. Served on a grilled and buttered brioche bun.*
- BYO Burger** \$15.60  
*All BYOB burgers are dressed with lettuce, tomato, pickle and onions.*

## VEGAN

**Prefer no meat and no dairy? We got you. From fully vegan pies, to salads and more, we have vegans covered. We take great care to prevent cross contamination (only applicable for items below).**

- Vegan Hummus** \$9.10  
*Drizzled with olive oil and sprinkled with paprika and fresh basil. Served with your choice of lightly toasted pita wedges or carrots and celery.*
- Regular Vegan Greek Salad** \$11.70  
*Romaine and iceberg lettuce tossed with shredded carrots and red cabbage. Topped with sweet onions, cucumbers, green peppers, mushrooms, Roma tomatoes, pepperoncinis, banana peppers, Kalamata olives. Don't worry, we've taken the cheese out.*
- Lil' Vegan Greek Salad** \$7.80  
*Romaine and iceberg lettuce tossed with shredded carrots and red cabbage. Topped with sweet onions, cucumbers, green peppers, mushrooms, Roma tomatoes, pepperoncinis, banana peppers, Kalamata olives. Don't worry, we've taken the cheese out.*
- Regular Vegan Enlightened Spinach Salad** \$12.20  
*Fresh spinach, dried cherries, diced apples, and house-made glazed pecans. Don't worry, we've taken the cheese out.*
- Lil' Vegan Enlightened Spinach Salad** \$8.20  
*Fresh spinach, dried cherries, diced apples, and house-made glazed pecans. Don't worry, we've taken the cheese out.*
- Small Vegan Veg Out** \$14.30  
*Mellow takes veggies to the max. This pie starts with Mellow red sauce layered with Follow Your Heart vegan cheese, spinach, green peppers, sliced mushrooms, sweet onions, black olives and Roma tomatoes. Don't worry, we have removed the butter and Parmesan finish.*

sauce or coated with garlic butter,  
kosher salt and served with  
traditional yellow mustard.

Hummus \$9.10

Drizzled with olive oil and sprinkled  
with paprika and fresh basil. Served  
with your choice of lightly toasted pita  
wedges or carrots and celery.

Magic Mushroom Soup \$7.50

A rich and creamy soup with grilled  
shiitake, button and portobello  
mushrooms. Topped with  
MontAmorÀ© cheese and fresh  
chives.

Spinach Artichoke Dip \$10.40

A rich blend of five cheeses baked  
with spinach and artichokes and  
served with garlic toast points.

Meatball Trio \$9.10

Trio of meatballs stuffed with fresh  
mozzarella and topped with Mellow  
red sauce, then sprinkled with  
shaved Parmesan, fresh basil and  
breadcrumbs.

## SALADS

**Made with fresh ingredients and  
hand-chopped daily, these salads are  
the real deal. Delight your senses and  
feed your head.**

Mellow Chick Salad \$12.40

Homemade chicken salad  
including dried cherries, sweet  
onions, chopped pecans and curried  
mayo. Served with cucumber slices,  
carrots, celery, Roma tomatoes on a  
bed of spring mix drizzled with  
balsamic vinaigrette.

Elevated Cobb \$15.60

A higher order of salad made with  
antibiotic-free Springer Mountain  
Farms chicken, applewood-smoked  
bacon, fresh avocados, crumbled  
bleu cheese and sliced Roma  
tomatoes on a bed of chopped  
romaine lettuce.

Regular Greek Salad \$11.70

Romaine and iceberg lettuce  
tossed with shredded carrots and red  
cabbage. Topped with sweet onions,  
cucumbers, green peppers,  
mushrooms, Roma tomatoes,  
pepperoncinis, banana peppers,  
kalamata olives, and crumbled feta  
cheese.

Lil' Greek Salad \$7.80

Romaine and iceberg lettuce  
tossed with shredded carrots and red  
cabbage. Topped with sweet onions,  
cucumbers, green peppers,  
mushrooms, Roma tomatoes,  
pepperoncinis, banana peppers,  
kalamata olives, and crumbled feta  
cheese.

Regular Caesar Salad \$11.70

All hail the perfect salad. Freshly  
chopped romaine lettuce tossed with  
all-natural caesar dressing and  
topped with shaved Parmesan and  
house-made croutons.

Lil' Caesar Salad \$7.80

All hail the perfect salad. Freshly  
chopped romaine lettuce tossed with  
all-natural caesar dressing and  
topped with shaved Parmesan and  
house-made croutons.

Regular House Salad \$9.10

Spring mix and chopped romaine  
topped with Roma tomatoes,  
cucumbers, black olives, sweet  
onions and shaved Parmesan.

Lil' House Salad \$5.85

Spring mix and chopped romaine  
topped with Roma tomatoes,  
cucumbers, black olives, sweet

*The Ultimate Mellow: red sauce,  
mozzarella, topped with pepperoni, Italian  
sausage, ground beef, honey ham,  
applewood-smoked bacon, black olives,  
sliced mushrooms, Roma tomatoes, green  
peppers, sweet onions and the finishing  
touch...more mozzarella.*

Small House Special \$16.90

Medium House Special \$27.30

Large House Special \$33.80

### Mighty Meaty

*A carnivorous mix of pepperoni, Italian  
sausage, ground beef, honey ham and  
applewood-smoked bacon on top of  
Mellow red sauce and mozzarella.*

Small Mighty Meaty \$16.90

Medium Mighty Meaty \$27.30

Large Mighty Meaty \$33.80

### Funky Q. Chicken

*Shredded mozzarella topped with our  
signature BBQ chicken, sharp cheddar  
cheese, caramelized onions and  
applewood-smoked bacon. And to keep it  
funky, finished with a swirl of BBQ sauce.*

Small Funky Q. Chicken \$16.90

Medium Funky Q. Chicken \$27.30

Large Funky Q. Chicken \$33.80

### Holy Shiitake

*An olive oil and garlic base with roasted  
shiitake, button and portobello  
mushrooms, caramelized onions,  
mozzarella and creamy MontAmorÀ©  
cheese. Finished with fresh chives,  
shaved Parmesan, a garlic aioli swirl and a  
spritz of black truffle oil.*

Small Holy Shiitake Pie \$16.90

Medium Holy Shiitake Pie \$27.30

Large Holy Shiitake Pie \$33.80

### Buffalo Chicken

*Made with mozzarella, then layered with  
Buffalo chicken, caramelized onions and  
applewood-smoked bacon. Finished with a  
double swirl of Buffalo sauce and your  
choice of chunky bleu cheese or ranch  
dressing.*

Small Buffalo Chicken \$16.90

Medium Buffalo Chicken \$27.30

Large Buffalo Chicken \$33.80

### Great White

*An olive oil and garlic base layered with  
mozzarella, provolone, seasoned ricotta,  
roasted tomatoes, crumbled feta cheese,  
fresh Roma tomatoes and sweet onions.  
Finished with chopped fresh basil.*

Small Great White \$16.25

Medium Great White \$26.00

Large Great White \$32.75

### Pacific Rim

*Aloha! Mellow red sauce topped with  
mozzarella, honey ham,  
applewood-smoked bacon, caramelized  
onions, pineapple and jalapeños add a  
final kick.*

Small Pacific Rim \$16.25

Medium Pacific Rim \$26.00

Large Pacific Rim \$32.75

### Veg Out

*Mellow takes veggies to the max. This pie  
starts with Mellow red sauce layered with  
mozzarella, spinach, green peppers, sliced  
mushrooms, sweet onions, black olives*

Medium Vegan Veg Out \$22.75

*Mellow takes veggies to the max.  
This pie starts with Mellow red sauce  
layered with Follow Your Heart vegan  
cheese, spinach, green peppers,  
sliced mushrooms, sweet onions,  
black olives and Roma tomatoes.  
Don't worry, we have removed the  
butter and Parmesan finish.*

Large Vegan Veg Out \$30.55

*Mellow takes veggies to the max.  
This pie starts with Mellow red sauce  
layered with Follow Your Heart vegan  
cheese, spinach, green peppers,  
sliced mushrooms, sweet onions,  
black olives and Roma tomatoes.  
Don't worry, we have removed the  
butter and Parmesan finish.*

## GLUTEN FREE

**Only comes in a Small Pizza. Need a pie  
with peace of mind? Our curated  
selection of stone-baked pies can be  
ordered on our 10 signature GF crust  
with our certified gluten-free safe  
procedures (only applicable to items  
below).**

Gluten Free House Special \$19.50

*The Ultimate Mellow: this pie starts  
with gluten-free crust (available only  
in size small), Mellow red sauce, and  
mozzarella, topped with pepperoni,  
Italian sausage, ground beef, honey  
ham, applewood-smoked bacon,  
black olives, sliced mushrooms,  
Roma tomatoes, green peppers,  
sweet onions and the finishing  
touch...more mozzarella.*

Gluten Free Kosmic Karma \$19.50

*Filled with goodness, this pie starts  
with gluten-free crust (available only  
in size small) and Mellow red sauce  
covered with spinach, roasted  
tomatoes, mozzarella, fresh Roma  
tomatoes and crumbled feta cheese.  
A hypnotic pesto swirl adds the  
finishing touch.*

Gluten Free Mighty Meaty \$19.50

*A carnivorous mix, this pie starts  
with gluten-free crust (available only  
in size small) and Mellow Red Sauce  
covered with mozzarella, pepperoni,  
Italian sausage, ground beef, honey  
ham and applewood-smoked bacon.*

Gluten Free Veg Out \$15.60

*Mellow takes veggies to the max.  
This pie starts with gluten-free crust  
(available only in size small) and  
Mellow red sauce layered with  
mozzarella, spinach, green peppers,  
sliced mushrooms, sweet onions,  
black olives and Roma tomatoes.*

Build Your Own Gluten Free \$13.65

Pizza

*Made with our signature 10"  
gluten-free crust. Build your own by  
choosing from our curated selection  
of ingredients that can be prepared  
with allergy-safe procedures.*

Gluten Free Brownie \$3.90

*Individually wrapped brownie,  
baked with cage-free eggs, a blend of  
gluten-free flour, sustainable  
chocolate and ingredients free of  
GMOs and artificial additives.*

## CHIPS

Regular Chips \$2.05

BBQ Chips \$2.05

Salt and Vinegar Chips \$2.05

Jalapeno Chips \$2.05

## SWEETS

onions and shaved Parmesan.  
 Regular Enlightened Spinach \$12.20  
 Salad

*Fresh spinach, dried cherries, diced apples, house-made glazed pecans and crumbled feta cheese.*

Lil' Enlightened Spinach Salad \$8.20

*Fresh spinach, dried cherries, diced apples, house-made glazed pecans and crumbled feta cheese.*

## **HOAGIES AND SANDWICHES**

**Made-to-order sandwiches and hoagies that may make you question your past deli decisions. Choose from our selection of custom Mellow recipes, each packed with with delicious and fresh ingredients..**

Havana Hoagie (Half) \$9.10

*Simple, yet lively. This*

*Cuban-inspired hoagie comes with grilled pork, ham, pickle slices, Swiss cheese melted on top and the perfect amount of mustard.*

Havana Hoagie (Whole) \$14.30

*Simple, yet lively. This*

*Cuban-inspired hoagie comes with grilled pork, ham, pickle slices, Swiss cheese melted on top and the perfect amount of mustard.*

Steak & Cheese Hoagie (Half) \$9.75

*Grilled and shaved all-natural ribeye steak with melted provolone, grilled onions, mushrooms, green peppers, mayo, lettuce and Roma tomatoes.*

Steak & Cheese Hoagie (Whole) \$14.95

*Grilled and shaved all-natural ribeye steak with melted provolone, grilled onions, mushrooms, green peppers, mayo, lettuce and Roma tomatoes.*

Meatball Hoagie (Half) \$8.45

*Seasoned and seared meatballs smothered in Mellow red sauce and topped with melted mozzarella and Italian seasoning.*

Meatball Hoagie (Whole) \$13.00

*Seasoned and seared meatballs smothered in Mellow red sauce and topped with melted mozzarella and Italian seasoning.*

Italian Hoagie (Half) \$9.10

*Honey ham, Genoa salami, pepperoni, caramelized onions, fresh mozzarella, and mayo toasted and finished with spring mix tossed in herb vinaigrette, sliced Roma tomatoes and chopped fresh basil.*

Italian Hoagie (Whole) \$13.65

*Honey ham, Genoa salami, pepperoni, caramelized onions, fresh mozzarella, and mayo toasted and finished with spring mix tossed in herb vinaigrette, sliced Roma tomatoes and chopped fresh basil.*

Avocado Hoagie (Half) \$8.45

*Mayo, lettuce, Roma tomatoes, melted provolone cheese, sweet onions, topped with avocado slices seasoned in lemon juice, kosher salt and black pepper.*

Avocado Hoagie (Whole) \$13.00

*Mayo, lettuce, Roma tomatoes, melted provolone cheese, sweet onions, topped with avocado slices seasoned in lemon juice, kosher salt and black pepper.*

Tempeh Hoagie (Half) \$9.10

*Balsamic marinated tempeh layered on top of mayo, lettuce,*

*and Roma tomatoes.*

Small Veg Out \$14.30

Medium Veg Out \$22.75

Large Veg Out \$30.55

### Pepperoni

*Mellow red sauce with mozzarella and pepperoni on our signature crust basted with garlic butter and sprinkled with Parmesan.*

Small Pepperoni \$12.75

Medium Pepperoni \$19.50

Large Pepperoni \$25.70

### Cheese

*Mellow red sauce with mozzarella on our signature crust basted with garlic butter and sprinkled with Parmesan.*

Small Cheese \$11.05

Medium Cheese \$16.90

Large Cheese \$22.10

## **BUILD YOUR OWN PIZZA**

**Build your own starts with a cheese pizza and is topped with ingredients of your choosing. Thin crust, gluten-free crust and vegan cheese also available.**

Small Cheese Pizza \$11.05

*Red sauce base and mozzarella cheese on Mellow's crust, buttered and sprinkled with Parmesan cheese.*

Medium Cheese Pizza \$16.90

*Red sauce base and mozzarella cheese on Mellow's crust, buttered and sprinkled with Parmesan cheese.*

Large Cheese Pizza \$22.10

*Red sauce base and mozzarella cheese on Mellow's crust, buttered and sprinkled with Parmesan cheese.*

## **A freshly baked selection of tasty treats.**

Mary Jane's Triple Chocolate Brownie \$3.90

*A buttery chocolate, chewy brownie generously loaded with Hershey's Kisses, bittersweet and semi-sweet chocolate chunks and drizzled with dark chocolate truffle sauce.*

Reese Peanut Butter Cookie \$3.25

*House baked and loaded with creamy peanut butter, honey roasted peanuts and Reese's Peanut Butter Cups for the ultimate peanut butter experience.*

Triple Chocolate Chunk Cookie \$3.25

*House baked with three kinds of chocolate - Hershey's Kisses, bittersweet and semi-sweet chocolates.*

Sugar Cookie \$3.25

*House baked buttery shortbread sugar cookie topped with sugared crystals.*

Gluten Free Brownie \$3.90

*Individually wrapped brownie, baked with cage-free eggs, a blend of gluten-free flour, sustainable chocolate and ingredients free of GMOs and artificial additives.*

## **DRINKS**

Dasani Bottled Water \$2.60

Gallon of Sweet Tea \$8.45

Gallon of Unsweet Tea \$8.45

Gallon of Peach Iced Tea \$9.10

Gallon of Lemonade \$9.10

## **EXTRAS**

Balsamic Vinaigrette Dressing \$0.65

Bleu Cheese Dressing \$0.65

Caesar Dressing \$0.65

Esperanza Dressing \$0.65

Herb Vinaigrette Dressing \$0.65

Ranch \$0.65

Mellow Red Sauce Side \$1.95

Beer Cheese Side \$3.90

*Roma tomatoes, and melted provolone. Finished with grilled onions, mushrooms and green peppers.*

**Tempeh Hoagie (Whole) \$13.65**

*Balsamic marinated tempeh layered on top of mayo, lettuce, Roma tomatoes, and melted provolone. Finished with grilled onions, mushrooms and green peppers.*

**California Club \$11.05**

*Served with chilled chicken, roasted tomatoes, applewood-smoked bacon, seasoned smashed avocado and garlic aioli on a multigrain ciabatta.*

**Chicken Caesar Wrap \$9.75**

*A wheat wrap stuffed with chilled chicken, romaine lettuce and shaved Parmesan. Tossed in all-natural Caesar dressing.*